Qualitative comparison









ESRF (without contrast agent)

ESRF (with contrast agent)

Hospital (without contrast agent)

Hospital (with contrast agent)

Phase Contrast Imaging

Tackling the contrast sensitivity and the dose issue in the same time

X-ray conventional imaging





1895 Anna Rontgen

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120 years of evolution: Better contrast & resolution 3D imaging

Based on the same principle: X-Ray Attenuation



2014 Emmanuel Brun

X-Ray Refraction Imaging



X-Ray Phase Contrast Imaging



Publications — Relative Research Interest — Relative Research Interest (smoothed)



Source gopubmed

Credit: Wu et al



Lewis et al., Phys. Med. Biol. 2005



Credit: Pfeiffer et al



Credit: Zhu et al.



Credit: ESRF/P. Coan

Breast Phase Contrast Imaging

 <u>Clinical routine</u> dual view Mammography has <u>limitations</u>: 10%-20% of tumors are not visible. 40% of biopsied lesions are malignant

Main Reasons : _____

3D diagnosis would be a great help but breast are radiosensitive organs :

- Tomosynthesis : only partial 3D
- Full CT : spatial resolution is limited and deposited dose is still too high

No difference in absorption between normal and abnormal mass

Phase Contrast Measure not only absorption but phase variations.

Differentiation is possible

Refraction is much higher than absorption contrast (2 orders of magnitude for breast) also at high energy

BUT

Breast Screening needs high resolution

- \Rightarrow High number of projections for CT
- \Rightarrow Can we reduce the number of projections?

Acquisition Scheme

- Real space image is in Cartesian grid while the Fourier space data is in Polar Grid
- <u>There is no exact and direct FFT between polar and Cartesian</u> <u>Grid [3]</u>
- Grid points in the Fourier domain are lying on the equally-sloped lines instead of equally-angled lines
- For a N*N Cartesian grid, corresponding PPG is a set of 2N lines consisting of 2N grid points mapped on N concentric squares.
- <u>There exists a PPFFT between PPG and Cartesian Grid</u> which is algebraically <u>exact</u>, geometrically faithful and <u>invertible</u>







Equally Slopped Tomography iterative algorithm

- Start with Conversion of projections to Fourier slices in the pseudo polar grid fractional FFT.
- Iterative process is initiated : Inverse PPFFT is applied to the frequency data A new object is obtained through constraints Forward PPFFT onto modified image Frequency data is updated with the measured Fourier slices
- Real domain constraints : Positivity of the coefficients Zero-density region outside the object



Experiments : 3D PCI Reconstruction of Breast

Among all Phase Contrast Techniques Analyzer Based Imaging shows the highest sensitivity for breast.

- Full human tumor bearing breast was used. <u>Pixel size :</u> <u>92microns (clinical dual view mammogram is 100um)</u>
- Dual view screening mammography in Germany and US : Mean Glandular Dose (MGD) in Germany and US is 3.5mGy
- Reconstructions parameters : FBP 2000projections MGD 7.7 mGy FBP 512 projections MGD 1.7 mGy <u>EST 512 projections MGD 1.7 mGy</u> <u>EST 200 projections MGD 0.7mGy</u>



Result of reconstruction by EST 512projections



<u>MGD</u> <u>1.7mGy</u>

Zhao et al. PNAS 2012

Visual Comparison

- Fine structures are preserved by EST512.
 Contrast and noise are equivalent or better.
- FBP 512 exhibits high noise degraded features and blurred boundary of the tumour
- Loose of spatial resolution in <u>EST 200</u> compared to EST512 but <u>clinically relevant</u> <u>features are observable</u>



Quantitative Comparison

Standard Comparison :

 $SNR = Mean(I_{ROI})/Std(I_{ROI}) (Eq.1) (Eq.1) \\ CNR = [Mean(I_{ROI_1}) - Mean(I_{ROI_2})]/[2 \times (Std(I_{ROI_1}) + Std(I_{ROI_2}))] (Eq.2) (Eq.2) \\ Contrast to Noise Ratio (0.51) (0.91) (0.98) \\ Contrast to Noise Ratio (0.51) (0.91) (0.91) (0.98) \\ Contrast to Noise Ratio (0.51) (0.9$

 Blind Test made by 5 radiologists from the Radiology department of Ludwig Maximilians University

Radiologist were asked to mark form 1 to 5 on the following criteria.

	FBP 512	EST 200	FBP2000	EST512
Image quality	2.2 ± 0.4	2.7 ± 0.9	4.3 ± 0.9	4.5 ± 0.5
Sharpness	3.3 ± .0	2.2 ± 0.8	4 ± 0.7	4.3 ± 0.5
Contrast	3.0 ± 0.7	3.4 ± 0.9	4 ± 0.5	4.8 ±0.4
Evaluation of different structure	2.7 ±0.5	2.9 ± 1.	4.1 ± 0.6	4.8 ± 0.4
Noise	1.8 ± 0.7	3.3 ± 0.8	4.2 ± 0.7	4.8 ± 0.3

Zhao et al. PNAS 2012

Conclusion on EST reconstruction

- 3D information of soft tissues at higher resolution and better contrast, but also less radiation doses to the sample
- Very low dose (<1 mGy) 3D imaging is possible if one is ready to lose a bit of spatial resolution and accept an increased noise
- BUT it is NOT quantitative....



TV minimization

- The CT reconstruction problem may be solved as an optimization problem : $x = argmin_x(||y - Px||_2^2 + f(x))$
- Total Variation (L1 norm of the gradient) can be used

 $\mathbf{x} = \operatorname{argmin}_{\mathbf{x}}(\|\mathbf{y} - \mathbf{P}\mathbf{x}\|_{2}^{2} + \beta \mathrm{TV}(\mathbf{x}))$

Minimizing the L1 norm promotes sparsity

Dictionary Learning reconstruction

- For non piece wise constant images traditional iterative methods (TV minimization) fails.
- Idea of the method :

Database of **patchworks** of images close to the images to be reconstructed To express a given sub-image to reconstruct as a linear combination of the basis patches To find the solution which gives the maximum likelihood by minimizing the number of entries in the dictionary



Dictionary "learnt" from Lena image and used for reconstructing the image of interest





Noisy image

Denoised image

Reconstructing Lena

- Experiment : 512*512 pixel Lena image 80 projections
- Remark :

To avoid aliasing 800 projections should be used (Nyquist-Shanon sampling criterion)



Lena image to reconstruct

Results

Additive White Poisson Noise = 0.3% max of sinogram



Breast Phase Contrast Imaging



FBP 1000 projections

FBP 200 projections

Dictionary Learning 200 projections

Osteo Articular diseases

A major socio-economical burden

- Cost of illnesses was estimated to be 1 2.5% of Gross National Product¹
- Up to 10% of total health expenditure² (> cancer)
- Most prevalent chronic pain and long term disability
- 17% of the population and 22% in 2030
- No proven curing strategies for joint disorders and cartilage degeneration
 - Joint replacement = 85% of direct costs

Lack of imaging modality for a correct depiction of all tissues in a joint

- Cartilage is poorly visible in conventional radiography and in clinical CT
- MRI is limited by the achievable spatial resolution and to soft tissue depiction
- Ultra Sound useful for tendons but no visibility of the other tissues

¹ Chen *et al.* The Global Economics cost of osteoarthritis: how the uk compares. Arthritis 2012 ² Heijnik et al. Cost of illness: An international comparison: Australia, Canada France Germany and the Netherlands. Health policy. 2008



Human knee imaging

- 2 human knees (72 & 83 y.o)
- Energy: monochromatic 60 keV
- Pixel size 46µm
- Propagation based imagng: 6.5m
- Dose: 46mGy



Material & Methods

Phase Contrast CT				
Machine	ESRF			
Energy	60keV			
Current	180mA			
	0.046 x 0.046x			
Resolution	0.046 mm			
Acquisition Time	1min30s*			

Dual source (2*128 slices) Clinical CT				
Machine	Somatom Definition Flash			
Energy	120kvP			
Current	110mA			
Resolution	0.42 x 0.42 x 0.6 mm			
Acquisition Time	40s			

MRI sequence					
Machine	Magnetom Verio, Siemens Medical				
Parameter	PD-fs	FLASH			
Repetition time (TR)	4050 ms	22 ms			
Echo time (TE)	30 ms	9.8 ms			
Flip angle	180°	15°			
Band width	140 Hz	130 Hz			
Parallel imaging acceleration factor (iPAT)	2	2			
In-plane resolution	0.3 x 0.3 mm ²	0.3 x 0.3 mm ²			
(Partition) Thickness	3 mm	1.5 mm			
Matrix	512 x 512	512 x 512			
Field of view	16 x 16 cm ²	16 x 16 cm ²			
Partitions / Slices	29	56			
Acquired orientation	axial, sagittal, coronal	axial, sagittal			
Acquisition time	4:04 min	5:34 min			

Why phase imaging for osteo articular diseases?



Why phase imaging for osteo articular diseases?

Human knee imaging



Clinical X-ray CT



Clinical MRI

A. Horng[#], E Brun[#], et al. Investigative Radiology. 2014. [#]equal contribution















CT scan









Phase Contrast

MRI PD-fs (Proton-Density weighted Fat saturated)

