

Microbeam Radiation Therapy (MRT): how to find the best compromise between the sparing of normal tissues and the cure of a tumor ?

P. Regnard, G. Le Duc, E. Brauer, J. Gastaldo, S. Bouvier, A. Joubert, I. Tropès, L. Lamalle, D. Dallery, J. Laissue, A. Bravin.

ID17/Biomedical Facility, Grenoble, France



AIM

- Reproducibility of the MRT experiment performed at BNL by Laissue *et al* [1]
- Optimisation of beam parameters and tumor implantation protocol



- Biological parameters
 - Reproducibility of cell culture protocol
 - Test of the influence of implantation modalities
 - Confirmation of tumor before irradiation
- Differences of the two sources
 - Difference of spectra...
 - Which impact on results?

INTRODUCTION

Principle of Microbeam Radiation Therapy

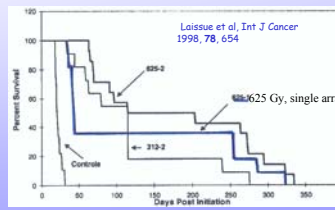
Alternation of 25 μm wide high doses zones (peaks-625 Gy) and 100 or 200 μm wide low doses zones (valleys-between 10 and 20 Gy) created by a microbeam collimator



Theoretically:

- sparing of normal brain tissue (possible regeneration of endothelium)
- Tumor ablation (no regeneration)
- \Rightarrow Effect enhanced by differences in the development of the vascularisation between tumor and normal tissues

Results of Laissue *et al.* in 1998 at the BNL

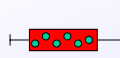


- Spacing between microbeams: 100 μm
- Median survival time of unirradiated controls: 20 days after tumor initiation
- Median survival time was extended in 625 Gy, single array irradiated rats by 24 days
- Death for unknown reasons after long term survival

MATERIAL AND METHODS

IMPLANTATION

- 10^3 9L cells in 5 μl
- 10^4 9L cells in 1 μl
- injected into the right brain hemisphere



Tumor growth
9 to 12 days \rightarrow 14 days

Future of the animals

- Clinical and neurological signs are noted
- Rats are weighted 3 times / week
- After dead, rat brain is fixed in formalin
- Histology to discover dead causes (tumor regeneration or radiation damage of healthy tissues-pending)

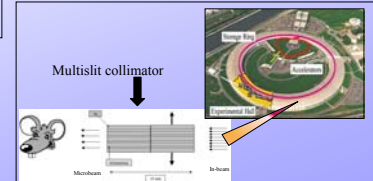
Magnetic Resonance Imaging



- Sequence Turborare
- T_2 weighted
- Without contrast agent
- 3D mode

Diagnosis of tumor performed before irradiation with a 3 Tesla magnet

Irradiation of rat brains



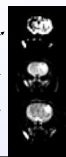
Several protocols of irradiation:

Series	Cells type	Protocol of implantation	Slit/beam	Spacing	Dose of irradiation	Rate per series	Median survival (days)
1	9L	10^3 cells in 5 μl	500	200 μm	625 Gy	20	11
2	9L	10^4 cells in 1 μl	500	200 μm	625 Gy	10	9
3	9L	10^3 cells in 5 μl	500	100 μm	625 Gy	10	14
4	9L	10^4 cells in 1 μl	500	100 μm	625 Gy	10	13
5	9L	10^3 cells in 5 μl	200	200 μm	625 Gy	10	19
6	9L	10^4 cells in 1 μl	200	200 μm	625 Gy	10	18

RESULTS/ DISCUSSION

1) 3 long term survivals:

- C03 (serie 1: 10^4 cells 200 μm L to R) still alive at 342 days
 - C54 (serie 2: $2 \cdot 10^4$ cells 200 μm R to L) still alive at 230 days
 - C95 (serie 3: $3 \cdot 10^4$ cells 100 μm R to L) dead 158 days a.i.
- Presence of tumor checked by MRI



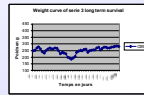
2) The rats with small size tumor (series 4, 5, 6) are not cured (this corresponds to the smallest number of cells injected i.e. 10^3 cells against 10^4 cells)

3) The highest average in survival time (72.7 days) is the one cured with 100 μm spacing (10^4 cells)

4) Series cured with 200 μm spacing (10^4 cells) have not a very good average survival time but they both have a long time survival still alive (series 1 and 2)

Series	Median (days)	Average (days)	SEF	Survivors	Quantity of rats
1: 625-200-200	43.0	41.9	1.37	20	21
2: 625-200-200	38.0	37.0	1.40	10	11
3: 625-100-200	57.7	55.4	1.15	10	11
4: 625-100-100	55.0	41.1	1.32	10	12
5: 625-200-100	45.0	39.0	1.34	10	10
6: 625-200-100	35.0	33.0	1.24	10	10
7: 625-200-200	37.0	36.0	1.50	10	8
8: 625-200-100	25.0	24.0	1.27	10	10
9: Control-100-5	21.0	21.0	0.98	0	0

5) Rats irradiated at 100 μm (10^4 cells) had a lot of abnormal clinical signs (8 rats /11) and were not in good health with a constant weight.



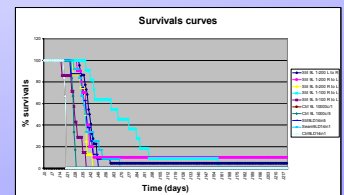
6) Rats irradiated at 200 μm (10^4 cells) were in general good health and had not many abnormal clinical signs (4 rats on 32). In addition, long term survivals took weight.



Hypothesis :

- MRT would be more efficient on tumor implanted with the highest cell density (=later stage tumor), due to an insufficient vascularisation in small sized tumors.

- Compromise to be found: (i) in case of 100 μm spacing, the tumor are cured but rats died/suffer from neurological disorders; (ii) in case of 200 μm spacing, rats died from their tumor, but survivors are in good clinical status.



Despite biology protocols very close the ones used by Laissue *et al.* [1], results are not optimum in term of survival (40% vs. 10%) although are close to recent ESRF results (Smilowitz *et al.* [2]), with 200 μm spacing. It may be due to spectra differences (BNL versus ESRF).

However

- Knowledge of the influence of implantation modalities on survival curves (frequently neglected in protocols)
- Crucial importance of the balance between irradiation with a 100 μm spacing (good resection of tumors) and a 200 μm spacing

PERSPECTIVES

- Focus on balance between 100 and 200 μm spacing in order to optimize survival curves by (i) at 200 μm spacing: increasing skin entrance dose or increasing microbeam size, (ii) at 100 μm : decreasing skin entrance dose

APPLICATIONS

- Combination to anti-angiogenic treatment in order to combine the action of MRT and chemotherapy
- Application to other tumor cell lines

References :

[1]: Laissue *et al.*, Int. J. Cancer, 1998 [2]: Smilowitz *et al.*, 94th annual meeting of the American Association for Cancer Research, 2003